

Classic Facial for Dry, Mature Skin Types

Duration: 50 to 80 minutes depending on how long you wish to do each step.

1. Cleanse with the **Firm Skin Acai Cleanser**.
2. Tone with the **Neroli Age Corrective Hydrating Mist**.
3. Apply a thin diluted layer of the **AHA Fruit Pulp Treatment**. Leave on for 10 minutes. Rinse off with lukewarm water. For non-sensitive skins, add a layer of the **Lime Stimulating Masque**.
4. Extractions.
5. Gently massage the **Strawberry Rhubarb Masque** into the client's face for 5 to 10 minutes, keeping your hand slippery by periodically dipping it into tea, juice or water. Rinse off.
6. Apply the **Bamboo Age Corrective Masque** and leave on. To keep the masque moist, it is recommended that wet gauze dipped in tea, juice or water be placed over top.
*Note: To keep the heat in, it is recommended that a dry towel be placed over the compress. Leave on for 5 to 10 minutes. Rinse off.
7. Apply one or two drops of the **Marine Flower Peptide Serum** or the **Firm Skin Acai Booster-Serum**. Leave on.
8. Apply the proper moisturizer. If a more matte finish is preferred, apply the **Bakuchiol + Niacinamide Moisturizer**. If a more dewy finish is preferred, apply the **Coconut Age Corrective Moisturizer**.
9. Eye Care: Apply a thin layer of the **Lavender Age Corrective Night Eye Cream** or the **Marine Flower Peptide Eye Cream** to the eye area using light blending motions until absorbed. Leave on.
10. Sun Care: Apply the **Sun Defense Minerals SPF 30** as per instructions to finish and protect your client's skin.
11. Lip Care: Apply the **Marine Flower Peptide Lip Serum** to the lip surface, outline, and surrounding area to target fine lines, wrinkles, and expression lines. Then apply the **Citrus Lip Balm** or the **Rosehip & Lemongrass Lip Balm SPF 15** to protect and finish your client's lips.

Classic Facial for Oily, Acne Skin Types

Duration: 50 to 80 minutes depending on how long you wish to do each step.

1. Cleanse with the **Clear Skin Probiotic Cleanser** or the **Charcoal Exfoliating Gel Cleanser**.
2. Tone with the **Mangosteen Revitalizing Mist**.
3. Apply a thin diluted layer of the **AHA Fruit Pulp Treatment** mixed with the **Radish Seed Refining Peel**. For non-sensitive skins, add a layer of the **Paprika Herbal Treatment**. Leave on for 10 minutes. Rinse off with lukewarm water.
4. Short steam.
5. Extractions.
6. Apply the **Clear Skin Probiotic Masque** or the **Acne Advanced Clarifying Masque**. To keep the masque moist, it is recommended that wet gauze dipped in tea, juice or water, be placed over top.
*Note: To keep the heat in, it is recommended that a dry towel be placed over the compress. Leave on for 5 to 10 minutes. Rinse off.
7. Very gently massage the **Menthol Rosehip Treatment** into the client's face for 5 to 10 minutes, keeping your hand slippery by periodically dipping it into tea, juice or water. For extra hydration, mix with the **Stone Crop Masque**. Rinse off.
*Note: If your extractions were very intense do not massage at all.
8. Apply the **Clear Skin Willow Bark Booster-Serum** or the **Eight Greens Youth Serum**. May mix both serums together and leave on.
9. Apply the **Acne Advanced Clarifying Hydrator** or the **Echinacea Recovery Cream** to finish.
10. Eye Care: Apply a thin layer of the **Bearberry Eye Repair Cream** to the eye area using light blending motions until absorbed. Leave on.
11. Sun Care: Apply the **Sun Defense Minerals SPF 30** as per instructions to finish and protect your client's skin.
12. Lip Care: Apply the **Marine Flower Peptide Lip Serum** to the lip surface, outline, and surrounding area to target fine lines, wrinkles, and expression lines. Then apply the **Citrus Lip Balm** or the **Rosehip & Lemongrass Lip Balm SPF 15** to protect and finish your client's lips.



Classic Facial for Sensitive/Rosacea Skin Types

Duration: 50 to 80 minutes depending on how long you wish to do each step.

1. Cleanse with the **Stone Crop Gel Wash** or the **Calm Skin Chamomile Cleanser**.
2. Apply the **Stone Crop Hydrating Mist** or the **Hawthorn Tonique**.
3. Apply the **Mangosteen Lactic Pro Peel 10%** or the **Strawberry Rhubarb Dermafoliant** or for advanced treatment, the **Radish Seed Refining Peel**. It is possible to steam if necessary. Leave on for 10 minutes for gommage if skin is not too sensitive. Rinse off.
4. Extractions.
5. Apply the **Calm Skin Arnica Masque** or the **Yellow Sweet Clover Anti-Redness Masque**. In order to keep the masque moist, it is recommended that wet gauze dipped in tea, juice or water be placed over top. Leave on for 10 minutes. Rinse off with lukewarm water.
*Note: To keep the heat in, it is recommended that a dry towel be placed over the compress. Leave on for 5 to 10 minutes. Rinse off.
6. Apply the **Strawberry Rhubarb Masque** and leave on or gently massage into the client's face for 5 to 10 minutes, keeping your hand slippery by periodically dipping it into tea, juice or water. Rinse off.
7. For massage, apply the **Linden Calendula Treatment**. For added moisture, add a few drops of the **Facial Recovery Oil**. Rinse off.
8. Apply one or two drops of the **Calm Skin Arnica Booster-Serum** and leave on.
9. Apply the proper moisturizer. Suggest the **Strawberry Rhubarb Hyaluronic Hydrator**, the **Apricot Calendula Nourishing Cream** or, for oily skin types, the **Echinacea Recovery Cream**. Leave on.
10. Eye Care: Apply a thin layer of the **Bearberry Eye Repair Cream** to the eye area using light blending motions until absorbed. Leave on.
11. Sun Care: Apply the **Sun Defense Minerals SPF 30** as per instructions to finish and protect your client's skin.
12. Lip Care: Apply the **Marine Flower Peptide Lip Serum** to the lip surface, outline, and surrounding area to target fine lines, wrinkles, and expression lines. Then apply the **Citrus Lip Balm** or the **Rosehip & Lemongrass Lip Balm SPF 15** to protect and finish your client's lips.

Note: You may also refer to the Beyond Organic Facial Protocol for sensitive/rosacea skin types.

Classic Facial for Normal/Combination Skin Types

Duration: 50 to 80 minutes depending on how long you wish to do each step.

1. Cleanse with the **Mangosteen Daily Resurfacing Cleanser** or the **Monoï Age Corrective Exfoliating Cleanser**.
2. Apply the **Mangosteen Revitalizing Mist** or the **Lime Refresh Tonique**.
3. Apply a thin diluted layer of the **Stone Crop Oxygenating Fizzofoliant™** or the **Strawberry Rhubarb Dermafoliant** and gently polish the skin with a sweeping motion (for deeper treatment, use a circular motion) for 3 to 5 minutes. Layer the **Citrus & Kale Potent C+E Masque** and leave on for 5 minutes. For advanced treatment, add a layer of the **Paprika Herbal Treatment**. Remove with a warm wet towel.
4. Extractions.
5. Apply the **Stone Crop Masque** and gently massage into the client's face for 5 to 10 minutes, keeping your hand slippery by periodically dipping it into tea, juice or water. Rinse off.
6. Apply the diluted **Raspberry Pore Refining Masque** or the **Eight Greens Phyto Masque** and massage in or leave on as a masque. When left on as a masque, it is recommended that wet gauze dipped in tea, juice or water be placed over top to keep the masque moist.
*Note: To keep the heat in, it is recommended that a dry towel be placed over the compress. Leave on for 5 to 10 minutes. Rinse off.
7. Massage the **Marine Flower Peptide Night Cream** into the skin for 5 to 10 minutes. Rinse off.
8. Apply one or two drops of the **Clear Skin Willow Bark Booster-Serum** or the **Strawberry Rhubarb Hyaluronic Serum**. Leave on.
9. Apply the proper moisturizer. If a more matte finish is preferred, apply the **Mangosteen Gel Moisturizer**. If a more dewy finish is preferred apply the **Marine Flower Peptide Night Cream** or the **Blueberry Soy Night Recovery Cream**.
10. Eye Care: Apply a thin layer of the **Wild Plum Eye Cream** or the **Neroli Age Corrective Eye Serum** to the eye area using light blending motions until absorbed. Leave on.
11. Sun Care: Apply the **Sun Defense Minerals SPF 30** as per instructions to finish and protect your client's skin.
12. Lip Care: Apply the **Marine Flower Peptide Lip Serum** to the lip surface, outline, and surrounding area to target fine lines, wrinkles, and expression lines. Then apply the **Citrus Lip Balm** or the **Rosehip & Lemongrass Lip Balm SPF 15** to protect and finish your client's lips.

